

# Parent ABA Training

Would you like to introduce basic ABA principals at home OR have you heard of Applied Behavior Analysis and want to familiarize yourself with it?

Autism House run a 2 day course for Parents, Caregivers & Teacher Aides of children & young people with an Autism Spectrum Disorder.

*The course is hands on & practical with many real life applications.*

**Saturday 6<sup>th</sup> & 13<sup>th</sup> March 2010**  
At Autism House, Albany

Please register  
Email: [info@autismhouse.org.nz](mailto:info@autismhouse.org.nz)  
Phone: 09 475 6030



## Autism House New Parent Info Evening

Autism House is holding a *free* information evening for parents of children with Autism Spectrum Disorder

Wed 24<sup>th</sup> Feb 2010  
7:00-9:00pm  
@ Autism House  
72 Apollo Drive, Albany

Hosted by Autism House staff, the evening will be friendly and informal. There will be plenty of time for questions & discussion.

Please RSVP  
Email: [info@autismhouse.org.nz](mailto:info@autismhouse.org.nz)  
Phone: 09 475 6030

## Autism House Newsletter

*Keeping you up to date with  
ASD news in NZ*

February 2010  
Mini Issue #1



**The January School Holiday Programme**  
Held over 2 weeks in the middle of January, the 18 children had a great time (& many iceblocks!) on the programme.  
Register your interest with Anne for the April School Holiday Programme



[www.autismhouse.org.nz](http://www.autismhouse.org.nz)

*Physical address:*  
72 Apollo Drive, Block A  
Albany

*Postal address:*  
PO Box 301 147  
Albany, North Shore 0752

Ph 09 475 6030  
Fax 09 475 6036  
E [info@autismhouse.org.nz](mailto:info@autismhouse.org.nz)  
W [www.autismhouse.org.nz](http://www.autismhouse.org.nz)

### Our Services

#### New Diagnosis

- Diagnosis/Referral Facilitation
- New Parent Evenings
- Support Groups
- Access to Visual/Communication Resource Centre
- One on One advice, info service and MOH/MOE services support
- Biomedical Low Income Clinic

#### Recreation Programmes

- Bright Sparks Programme  
Preschool / children / teens / homeschoolers
- School Holiday Programme
- Youth Mentor Pilot

#### School Outreach Service (SOS)

- School visits & Assessments
- Crisis response
- School Training, Professional Training
- Behavior Management Strategies/Plans
- School Seminars

#### Parent Education

- Behavior Strategies Courses
- Parent ABA Training
- Hanen "More Than Words" Programme
- ABA Playgroup – Building Blocks
- Biomedical Workshops

### AUTISM HOUSE MEMBERSHIP

Autism House membership provides families with free library usage, discounts on Autism House workshops, trainings & resources and our quarterly printed magazine style newsletter.

**Standard membership**  
cards are available for an annual fee of \$20

**Photo ID membership**  
cards gives you the added benefit of being identified as on the Autism Spectrum & therefore eligible for disability discounts. The annual fee for this is \$30

Download a membership form today

[www.autismhouse.org.nz](http://www.autismhouse.org.nz)



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### Inside

#### School Solutions Workshops

One day SOS workshops being held in the 4 main centres – a solution focused must for parents & teachers!

2

#### The ACE Place

We introduce the professional available at the new "Autism Centre for Excellence" our ASD one stop shop.

3

## The NEW & exciting Autism House in 2010!

Welcome to 2010 at Autism House. This year is looking to be a positive one, with lots of opportunities available New Zealand wide for the first time!

First cab off the rank this year is our School Solutions workshops run by our SOS team. After a hugely successful 2009 in Auckland with our SOS programme, and enquiries from around the country, we are thrilled to announce that we will be offering the *full* SOS service in Auckland, Hamilton, Wellington and Christchurch this year. This will start with our workshops around the country in March, so head to our website to find out how SOS can help at your preschool or school this year!

Bright Sparks also has a big year ahead too. We are entering an Auckland team in the 'Weetbix Kiwi Kids Tryathlon' on March 21. Training has begun after school during the week, but it's not too late to join in, so if you're aged between 7-15 years and want to give it a go, get in touch now! Activities for Under-5's and home-schoolers during the weekdays will make an appearance this term, as will after-school activities as well. And South Auckland...we are heading your way too!

Keep an eye on our website, it will be upgraded and expanded in the next few months, and will have up-to-the-minute information on everything we are doing, and all that is available.

Our library is up and running too, staff are in place, and so are the toys and coffee, so please, if you are in the neighbourhood, drop in and have a look at our beautiful new premises and find out what we have available for you and your family in 2010.

See you soon!  
*Felicity*

# School Solutions

Simple yet powerful strategies to help make this school year a positive one for everyone!

## Autism House School Outreach Service Presents:

A 1-day strategy and solution-focused workshop relevant for people on both sides of the education partnership – school (or pre-school) and home.

In the essentially practical style of Autism House workshops, this course is hands on with many real life easy-to-implement strategies for the classroom and home environments.

Topics Covered:

Successful Classrooms:

What are they? and How do you make one?

IEP's: New thinking for old problems

How to **REALLY** achieve goals for any age student

Anyone wishing to contribute to successful education outcomes for children with ASD will find this workshop useful.

Contact Autism House to register

[info@autismhouse.org.nz](mailto:info@autismhouse.org.nz) or download a rego form off our website [www.autismhouse.org.nz](http://www.autismhouse.org.nz)

### Cost:

\$75 Autism House Members (incl professional members)  
\$95 Non-Members

**\*\*Volume Discount\*\***

3+ professionals from same school/ece centre charged at Member Rate

Autism House Membership:  
\$20 per annum



## Some of the Professionals now available at The ACE Place



**Pediatrician Dr Leila Masson** specializes in Biomedical Treatment for ASD, ADHD and behavioral problems.

Leila Biomedical Clinics every Friday at the ACE Place. Phone 09 475 6030 for appointments.

[www.leilamasson.com](http://www.leilamasson.com)

**Rainbow House** provides specialist services for children and adolescents with Aspergers Syndrome and their families. Counseling sessions focus on helping young people with AS learn skills to manage their anger and anxiety, learn social and friendship skills, develop conflict resolution and perspective taking skills to name a few.

In 2010 Rainbow House will be running a clinic on Tuesdays and Wednesdays at Autism House in Albany. To make an initial appointment please call Rainbow House on 580 4010 or email [therainbowhouse@gmail.com](mailto:therainbowhouse@gmail.com).



**Centre for Autism and Related Disorders (CARD)** diligently maintains a reputation as one of the world's largest and most experienced organizations effectively treating children with autism, Asperger's Syndrome, PDD-NOS, and related disorders. Following the principles of Applied Behavior Analysis (ABA), we develop individualized treatment plans for your child.

Their Auckland branch is at ACE Place Ph 419 5025 or email [cardnz@extra.co.nz](mailto:cardnz@extra.co.nz)



**Naturopath Gina Wilson** holds Biomedical Clinics every Friday at Autism House. Email [ginawilson623@hotmail.com](mailto:ginawilson623@hotmail.com) for appointments.



Gina has a background in teaching young children with special needs, specifically autism. She now works in the area of Biomedical Intervention, working with children with a range of needs. She works closely with families helping them implement a diet specific for their child.  
[www.ginawilson.co.nz](http://www.ginawilson.co.nz)



**Speech Language Therapist Moira Nelson** will be running the Hanen 'More Than Words' Programme at Autism House

**Wednesday 3rd March**  
7-9pm @ Autism House, Albany  
Costs \$900 with the course running for 10 weeks.  
Phone Autism House to register.



is a physical and social programme for children and young persons with Autism Spectrum Disorders.

Bright Sparks has started back for 4 - 14 yr olds for the year with swimming lessons, gymnastics, rock climbing and trampoline. There are still spaces available if you're interested in joining a programme.

If you would like an up-to-date schedule or to enroll your child please contact Bright Sparks Coordinator Anne on:  
Ph 475 6030 or 027 465 1376  
[Anne.Hamilton@autismhouse.org.nz](mailto:Anne.Hamilton@autismhouse.org.nz)

**Coming Soon...**

Bright sparks for Preschoolers, Home Schoolers, Teens and After School activities.

Please register your expressions of interest or enroll with Anne.

**CALLING ALL KIWI KIDS!**

**Do you want to join our Weet Bix Kiwi Kids Team?**

Event day is Sunday 21<sup>st</sup> March – register your child (7yrs – 15yrs) now to train with the team on weekdays after school.



GO GOLD

**SOS School Outreach Service**

**S Locations:**

### Christchurch

Thursday 4 March 2010  
YMCA – Central City  
12 Hereford Street

### Auckland

Tuesday 9 March 2010  
Parnell Community Centre  
Jubilee Building

### Wellington

Thursday 11 March 2010  
Toi Poneke Arts Centre  
61-69 Abel Smith Street  
Te Aro

### Hamilton

Friday 19 March 2010  
Hamilton Gardens Pavilion  
Gate 2  
Cobham Drive